Cathy Waitinas

Design

Cathy Waitinas is an NGC Master Accredited Flower Show Judge and FSS Design and Flower Show Procedure Instructor. She is a member of Arissa and Garden Guild Garden Clubs, CFAA and the Society of American Florists. Cathy is an NGC Board Member Chairman of the TN Federation of Garden Clubs' State Headquarters. She has taught school and served 30+ years in the nuclear industry in safety and technical writing. Cathy and Jerry have 3 daughters and live out in the county near Oliver Springs where she has a woodworking shop in her basement. Cathy's carpentry projects show up in many of her design structures

Pam Braun Horticulture & FSP

A garden club member for almost 50 years, Pam Braun is currently a member of Leipers Fork and Gateway Garden Clubs. She is member of TN District II and a board member for the TN Federation of Garden Clubs and Deep South Garden Clubs, Inc. She is an NGC accredited master flower show judge, an NGC horticulture, flower show procedure, and symposium instructor, and member of numerous plant societies. She specializes in exhibiting collections and displays of numerous different plant groups and has won many top exhibitor awards for her horticulture. Besides horticulture, she enjoys floral design and has been a speaker, leader of workshops, or exhibitor at all levels from district to internationally. She has enjoyed growing plants all her life and the plant material she uses for both designs and instruction often comes from her own garden or indoor plants.

Flower Show School Course I

A National Garden Clubs, Inc. School

August 18-21, 2025

Roanoke Council of Garden Clubs 3640 Colonial Avenue Roanoke, VA 24018 540-343-4519

Virginia Federation of Garden Clubs



VFGC President – Sally Harrison

For more information contact:

Flower Show School Chairman – Frances Thrash 2109 Cocoa Circle, Virginia Beach, VA 23454-2213 francesthrash@cox.net

757-481-3484 or 757-478-5791 (cell)

Flower Show School - Course I

Date: August 18-21, 2025

Location: Roanoke Council of Garden Clubs Building,

3640 Colonial Ave., Roanoke, VA 24018

Design: Cathy Waitinas

Cathy will teach traditional mass, line mass, and line.

Horticulture & Flower Show Procedure: Pam Braun

Pam will teach potted aroids and cut needled evergreens.

Attendance at all Sessions is Required for Credit

Schedule:		Flower Show
Monday, Aug 18	3:45 - 6 pm	Procedure
Tuesday, Aug 19	8:00 – 9:00 am	FSP Exam
	9:15 am – 3:30 pm	Horticulture/Lunch
	3:45 – 5:45 pm	Point Scoring Test
Wed., Aug 20	8:00 – 9:00 am	Horticulture Exam
	9:15 am – 3:30 pm	Design
	3:45 – 5:45 pm	Point Scoring Test
Thursday, Aug 21	9:00 – 10:00 am	Design Examination

Hotel Information: Suggested hotel is Holiday Inn Tanglewood, 4468 Starkey Road, Roanoke, 888-465-4329.

Required Books to have:

Handbook for Flower Shows, 2017 Edition, NGC Exhibiting & Judging, both available on the NGC Website for purchase or download of Handbook.

Flower Show Procedure will cover an introduction to the *Handbook*, flower show composition, definition, purposes, and basic requirements of all standard flower shows, types of flower shows, standard system of judging, explanation of non-Top Exhibitor Awards, and an overview of the Flower Show Schedule.

Horticulture will cover plant nomenclature, entry tags, general requirements for NGC Horticulture Top Exhibitor Awards, explanation of judging qualities found on the horticulture point scoring form, horticulture commenting vocabulary, judging procedures, & discussion of two types of horticulture & practice point scoring of them.

Design will include a brief history of floral design, emphasis on the elements & principles of design, general requirements for NGC Design Top Exhibitor Awards, explanation of judging qualities found on the Design Point Scoring form, design commenting vocabulary, judging procedure, and practice point scoring of two types of traditional designs.

REGISTRATION FORM: Flower Show School-Course I (Please print clearly)

Name	
Address	
City	_StateZip
E-mail	
Home Phone:	Cell Phone
Club	_ District
CreditNon-Credit	
Full Course with/without exam (Includes tuition, two lunches, and reserved seating on Front rows.)	\$150
Flower Show Procedure (Mon.) Horticulture & Lunch (Tues.) Design & Lunch (Wed.) Manual will be e-mailed (free of	\$40 \$75 \$75
charge) Printed Manual available at Registration if preordered. TOTAL	\$10
Dietary Restrictions	

**No refunds after July 18, 2025

Make check payable to **Virginia Federation of Garden Clubs, Inc.** with **Flower Show Schools** in the memo line and mail to: Registrar Val Story, 2122 Whithorn Hill, Jeffersonton, VA 22724-1873, 540-272-0975, valstory@aol.com