

Native Meadow Plants Which Support Butterfly, Moth and Other Insect Species

NEW ENGLAND
WILD
FLOWER
SOCIETY



Dry Meadow Perennials

Agastache foeniculum (Anise hyssop)
Allium cernuum (Nodding onion)
Antennaria spp. (Pussy-toes)
Aquilegia canadensis (Columbine)
Aruncus dioicus (Goats beard)
Asclepias spp. (Milkweed)
Ionactis linariifolia (Flax-leaf white top aster)
Baptisia tinctoria (Yellow wild indigo)
Callirhoe spp. (Poppy mallow)
Campanula rotundifolia (Thread-leaf bellflower)
Chrysopsis villosa (Golden hairy aster)
Coreopsis verticillata (Tickseed)
Dicentra spp. (Bleeding heart)
Echinacea spp. (Coneflower)
Eryngium yuccifolium (False Yucca)
Geranium maculatum (Wild geranium)
Helianthus mollis (Sunflower)
Heliopsis helianthoides (Oxeye)
Lupinus perennis (Sundial lupine)
Monarda punctata (Horsemint)
Opuntia humifusa (Eastern prickly pear)
Penstemon digitalis (Foxglove beardtongue)
Pycnanthemum tenuifolium (Narrow leaf mountain mint)
Ratibida spp. (Mexican hat)
Rudbeckia spp. (Black-eyed Susan)

Solidago spp. (Goldenrod)
Vernonia letermannii (Ironweed)
Viola pedata (Birds foot violet)

Moist Meadow Perennials

Amsonia spp. (Blue star)
Boltonia asteroides (False aster)
Chelone glabra (White turtlehead)
Conradina verticillata (False rosemary)
Eutrochium spp. (Joe-Pye weed)
Filipendula rubra (Queen of the prairie)
Gentiana clausa (Bottle gentian)
Liatris novae-angliae (New England blazing star)
Liatris spicata (Gayfeather)
Lobelia spp. (Lobelia)
Marshallia grandiflora (Barbara's buttons)
Monarda didyma (Scarlet bee balm)
Monarda fistulosa (Wild bergamot)
Phlox paniculata (Tall phlox)
Physostegia virginiana (Obedient plant)
Polemonium spp. (Jacob's ladder)
Pycnanthemum muticum (Broad-leaf mountain mint)
Scutellaria spp. (Skullcap)
Symphotrichum spp. (Aster)
Vernonia noveboracense (New York ironweed)

Dan Jaffe

djaffe@newenglandwild.org